



PARADIGM™
Life is not a spectator sport



BODY WEIGHT
PC-BW20
Adjustable Abdominal Bench

Features

- ✓ Sturdy & Durable Construction
- ✓ Five (5) Position Height Adjustment
- ✓ Sealed Bearings at Pivot Points
- ✓ Non-Marking Protective Feet

HEVY
Workout logging
made simple

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Specifications:

Frame: 4" x 2" / 100cm x 50cm, 10 Gauge Frame
 Painting: 3 Layer Electrostatic Powder Coating
 Pads: High Resilience Polyurethane Foam
 Dimensions: (L x W x H): 53" x 29" x 46" / 135 x 74 x 116 cm
 Product Weight: 112 lb. / 51 kg
 Certification: CE/ ROHS/ ISO9001/ ISO14001

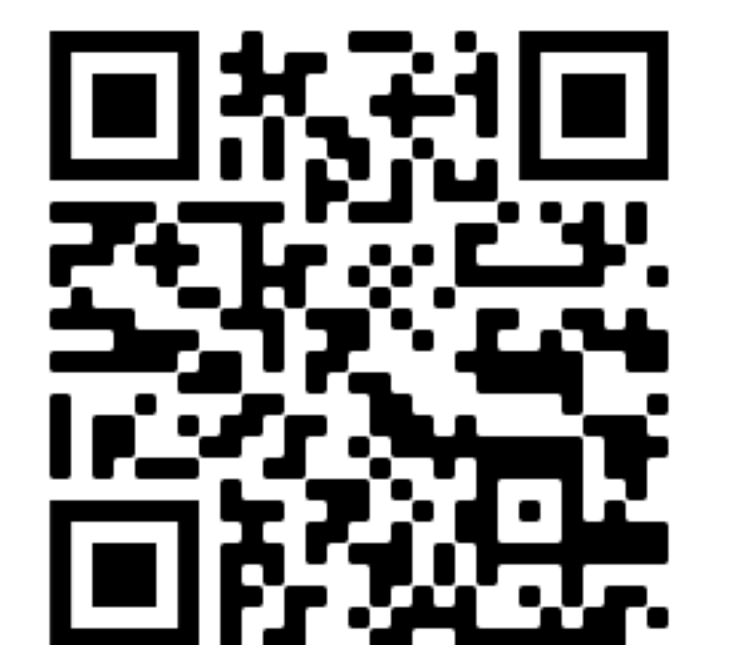
Lifetime Residential Warranty*
 Light Commercial Warranty*

*Visit paradigmfitnessequipment.com/warranty-information for full details



Elevate your gym experience with Paradigm Commercial Equipment

Paradigm Fitness Equipment
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