



PARADIGM™

Life is not a spectator sport

Multi-Grip Pull-Up Bar

Dual Adjustable Pulley Functional Trainer

Linear Bearing Smith Machine

Half Rack J-Cups & Safety Spotters

Integrated Foot Plate

Bar Holder

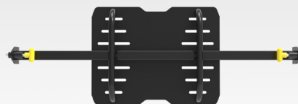
2 x 220 lb. Weight Stacks

Landmine

Accessory Storage

Plate Storage

Optional Vertical Leg Press



Optional Lever Arm Kit



Included Accessories

7ft. Lifting Bar
Spring Collars
Exercise Handles
Dip Handles
Lat Bar
Activity Bar
Short Bar
Triceps Rope



CAGES / RACKS DSHR-2S+

The ultimate "All-In-One" Strength Training System

Features

- ✓ Dual Adjustable Pulley Functional Trainer
- ✓ Smith Machine with Linear Bearings
- ✓ Half Rack with Adjustable Spotters
- ✓ Integrated Pull-Up, Dip & Landmine Stations
- ✓ Integrated Bar, Plate & Accessory Storage



HEVY

**Workout logging
made simple**

Download on the
App Store

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Google play



Specifications:

Dimensions: (L x W x H): 66" x 82" x 91.5" / 168 x 209 x 233cm

Weight Rating: Unit = 992 lb. / 450 kg, Smith Machine = 772 lb. / 350 kg

Functional Trainer Weight Stack: 2 x 220 lb. with 2:1 Pulley Ratio

Cable Rating: 6.2mm nylon coated tested to 2000 lb.

Functional Trainer Pulley Ratio: 2:1

Pads: High Resilience Polyurethane Foam

Product Weight: 940 lb. / 426 kg

Lifetime Residential Warranty*

Light Commercial Warranty*

*Visit paradigmfitnessequipment.com/warranty-information for full details



Paradigm Fitness Equipment

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